

Comhairle Laighean



An Coimisiún le Rincí Gaelacha

Leinster Feis Rules 2020

1. Age as on 1st January in each year of feis.
2. Entries only accepted from teachers registered with an Coimisiún le Rincí Gaelacha.
3. Make up and false tan is not permitted in Bun Grád and Tús Grád competitions up to and including under 12 age group. Make-up including false eyelashes is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 *age group*.
4. Children competing in all age groups, in Bun and Tús Grád competitions may only wear class costumes, skirt and blouse, or appropriate civilian clothing. No low cut or off the shoulder tops or short tight skirts permitted.
5. The use of artificial carriage aids is strictly forbidden. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
6. **In order to comply with health and safety measures, all dancers lining up side stage prior to any round at any competition will be required to perform the simple exercise of raising their arms to shoulder level unhindered. If unable to do this by the time of their rotation due to costume stitching or arm attachments, these competitors will not be permitted to perform.**
7. Bun Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group or grade. Basic steps only.
8. In Bun and Tús Grád competitions one dancer moves up to the next grade if there are less than 20 competitors, between 21 and 40 competitors two dancers move up and if in excess of 40 competitors three dancers move up to the next grade.
9. Tús Grád competitions confined to dancers who have never won 1st prize for that particular dance in any age group in Lár, Méan or Árd.
10. Lár grad competitions confined to dancers who have never won 1st prize for that particular dance in any age group in lár, Méan or Árd.
11. Méan grad competitions confined to dancers who have never won 1st prize for that particular dance in that age group or a higher age group in either Méan or Árd Grád.
12. Preliminary Championship – A dancer may enter a preliminary competition if:-

- (i) They have not placed 1st 2nd or 3rd in an open championship which has been judged by three or more adjudicators, in the current calendar year.
- (ii) They have not qualified for the world championships in that year or a current medal holder.
- (iii) They have not won a preliminary championship in that calendar year.

A dancer who wins a preliminary championship may not compete in a preliminary championship for the remainder of the calendar year. They may enter preliminary championship in the next year, provided they comply with the rules above.

A dancer who wins a preliminary championship may not dance those dances in Méan Grád for the remainder of the calendar year.

Preliminary championships may be run as a 'stand alone' competition or may be incorporated into the open championship.

All dancers entering competitions in Leinster must comply with these rules. Effective from 1st April 2011.

- 13. Traditional set dance must be chosen from the following list:- St. Patrick's day, Garden of Daisies, Job of Journeywork, The Blackbird, King of the Fairies, Jockey to the Fair or Three Sea Captains.
- 14. With regard to toe movements no block, en pointe, stationary or moving, is allowed to be performed for all ages up to and including under 12 years. However, according to the an Coimisiun rule, dancers who will compete under 13 from 1st January may perform en pointe from September of the previous year.
- 15. Any form of unauthorised photography, which has the capability to capture a dancers' image, whilst in motion, using electronic/manual means, e.g. mobile phones, I pads, video, still camera, commercial film with/without a flash enhancement or any other means of recording is strictly forbidden.
- 16. Parents are responsible for the conduct and behaviour of their children at all times whilst attending the Feis within and around the hall.
- 17. Feis committee, as far as practicable, will provide a surface floor suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained whilst on stage or within the practice area. The lodgement of an entry will be deemed to be an acceptance of this provision by a dancer and by her/his parent or guardian. **(or teacher)**
- 18. An Coimisiún rules will apply if disputes arise that are not covered by the above rules.
- 19. Objections must be lodged within one hour of the announcement of the results of a competition and must be accompanied by a fee of €20.
- 20. **Changing of costumes, dressing and undressing, is not permitted in the halls or public areas.**
- 21. **Social Media Rule**– Feis Organisers must continually make all persons aware that the taking of photographs of any children without parental permission is not permitted. **Those who do not wish to be photographed should make themselves known to the Feis Organiser.**
- 22. Comhairle Laighean **Child Safety officer** is Orla Nic Conuladh.@ dlpLeinster@gmail.com Please contact her if you have any concerns in regard to any child safety at the event.

